



Let's Move Silicon Valley Businesses!

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Regional Director, DHHS, Region IX



Office of the Regional Director

- Community Resource
- California-Based
- Day-to-day, week-to-week, month-to-month
- Educate the public on the benefits of healthcare reform
 - Healthcare.gov
 - CuidadodeSalud.gov (Spanish)



5 Tenets of Let's Move

- Creating a healthy start for children;
- Empowering parents and caregivers;
- Providing healthy food in schools;
- Improving access to healthy, affordable foods; and
- Increasing physical activity.



Call to Action – Control Your Own Destiny



Contact Information

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